

Seeds of Life and Seeds of Peace

Seeds of life.....
memories of the past,
hope for the future.
Corn, carrots, cabbage and celery,
seeds of the past give us food for today.

Deep in fertile soil they patiently grow,
bursting through to receive light from the sun,
they give us vegetables, fruits and grains.

Seeds of peace.....
give us hope for life,
they grow in the light of love.
The memories in the seeds of the past,
Gandhi, King, Bishop Romero,
and Carrasco Briseño of Oaxaca
teach us daily the ways toward peace.

Following the path of Jesus
and the steps of St. Francis,
with courage, energy and hope unending,
let us sow our seeds of peace,
justice and love for all eternity.

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